I was given the opportunity to be the graduate assistant for football and tennis at Texas State. This was a wonderful experience where I was able to gain more knowledge and functional skills.

– Megan Haynes, M.S. ‘10, ATC, LAT, Senior Lecturer at Texas State University

Students obtain advanced knowledge and skills through didactic and clinical experiences with evidence-based injury prevention, diagnostic techniques and therapeutic interventions.

Department Mission
The mission of the Department of Health and Human Performance is to create and disseminate knowledge promoting evidence-based practice in health promotion, exercise science and recreation professions. The department promotes improved human performance and quality of life through evidence-based educational, recreational and therapeutic interventions and programs, including the master of science degree in athletic training.

The mission of the post-professional program in athletic training is to provide graduate students with an advanced course of academic study in patient-centered, evidenced-based interventions for musculoskeletal injuries and dysfunctions.

The vision is for the department to be a national leader in promoting human performance and health-related quality of life for all.

Department of Health and Human Performance
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Why choose Texas State?
The post-professional program in athletic training is supported by accomplished faculty with varied areas of expertise in an academic division conducting state-of-the-art sports medicine research. Not only does the program offer advanced education in therapeutic exercise, manual therapy, neuromuscular control and evidence-based practice, but it also provides an opportunity for self-exploration.

Course Work
This advanced academic program for certified athletic trainers is designed to complement the professional responsibilities of graduate assistants. New cohorts start every fall semester, and each student must complete either a thesis or research project to fulfill the master of science in athletic training degree requirements. Students who choose the master’s thesis option are required to complete 28 hours of required courses and six hours of thesis work for a degree plan that totals 34 credit hours. Non-thesis students are required to complete 31 hours of required course work and six hours of prescribed elective course work for a degree plan that totals 37 credit hours.

Important Deadlines*
Admissions
Priority Fall: January 15
Fall: June 15
Spring: October 15
Summer: April 15
Summer midterm: June 1
Applications will continue to be considered on a space-available basis after the deadline.
Funding: Scholarships, Fellowships and Assistantships
Applications must be complete by the priority deadline to be considered for funding.

Faculty
Texas State University’s post-professional program in athletic training graduate faculty are national leaders in the field of athletic training. They are the authors of numerous peer-reviewed publications and grants, officers and board members in professional associations and set high standards for students in the program. Additionally, faculty regularly present their research at national and international sports medicine conferences.

Career Options
Graduates holding a post-professional master of science degree in athletic training are prepared for employment in a variety of positions within the following areas:
» colleges and universities
» high schools
» professional sports teams
» rehabilitation/physical medicine clinical settings
» hospitals and research facilities

For information on deadlines, admission requirements and funding, visit:
gradcollege.txstate.edu/ athletic_training

*International applicants can view specific deadlines and requirements at:
gradcollege.txstate.edu/intl_home

Students have the opportunity to work as graduate assistants as NCAA Division I, II or III intercollegiate athletic trainers, high school athletic trainers, or as Texas State University teaching or research assistants.