With many emerging challenges in Texas and in the nation, this is a period of limitless opportunities for health professionals. Today, more than half of all premature deaths in the United States are caused by lifestyle-related problems, including diabetes, obesity, tobacco, alcohol and other drug use, and other health-risk behaviors.

Health education professionals practice the art and science of promoting health and wellness through the empowerment of individuals and communities to develop the knowledge, positive attitudes and skills to adopt and practice healthy behaviors.

Texas State University offers a master of education degree in health education that prepares students to work in communities; state, federal and local health agencies; voluntary health organizations; schools, and other organizations to enhance the quality of life for individuals and the public. Graduates will be able to successfully pass the national Certified Health Education Specialist exam.

“I like the resources available to me as a graduate student in the health education program at Texas State. Faculty members encourage students to strive to be better in all that they do and there is no competition between faculty and students for resources or recognition. The faculty-to-student ratio is superb, which allows for collaborative working relationships.”

— Onnalita Maniccia HEALTH EDUCATION ALUMNA
Course Work
Students pursuing a master of education in health education may select a thesis or non-thesis option.

• Thesis option: requires 36 hours of course work (21 in the major, nine in the minor and six hours of thesis work)
• Non-thesis option: requires 36 hours of course work (21 in the major and 15 in the minor)

Required Courses
• History and Philosophy of Health and Wellness Promotion
• Literature and Research in Health and Wellness Promotion
• Measurement and Evaluation in Health and Wellness Promotion
• Theoretical Foundations of Health Education
• Literature and Technical Writing in Health and Wellness Promotion

Elective Courses
• Workshops in Health Education
• Seminar in Current Problems in Health Education
• Health Education Leadership
• Sexuality Education
• Global Health
• Ethics in Health and Wellness Promotion
• Independent Study in Health Education
• Internship/Applied Project in Health Promotion

Faculty
Members of the health education graduate faculty are national leaders in the fields of public health, community health and school health. They are the authors of numerous peer-reviewed publications, books and grants, serve as officers/board members in state and national professional associations, and set high standards for students in the health education program at Texas State.

Admission Policy
In addition to the general requirements for admission to the Graduate College, the Department of Health and Human Performance requires a minimum of 18 semester hours of health education course work on the bachelor’s degree or completion of graduate leveling courses. Decisions about leveling courses will be made on a student-by-student basis as reflected in individual transcripts. A minimum GPA of 2.75 is required on the last 60 hours of undergraduate course work leading up to the bachelor’s degree. A 500-word statement of purpose is required. Each applicant must submit the following to the Graduate College:
• the online Graduate College application through ApplyTexas
• application fee
• one official transcript from each four-year college or university attended

Visit www.gradcollege.txstate.edu/apply for access to an online application and additional details. The application deadline is June 15 for the fall semester, October 15 for the spring semester, April 15 for the summer semester, and June 1 for the summer midterm.

Career Options
Graduates with a master’s degree in health education will be able to work in academic, clinical, community, corporate and government settings and perform a variety leadership roles, including individual and community health education, research, grant writing and program planning/implementation/evaluation.

Financial Assistance
The Department of Health and Human Performance annually awards competitive graduate assistantships to highly qualified individuals interested in serving as either research or teaching assistants. Selection is based on the graduate students’ academic background and professional experience. To learn more, contact the department.

For more information about scholarships, financial aid and application deadlines, visit the Graduate College website at www.gradcollege.txstate.edu and click on Financing Your Graduate Education. Please note that program admission priority deadlines must be met in order to be considered for scholarships, fellowships and assistantships.

Contact
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