The Health and Wellness Promotion faculty helped me to achieve dreams I, a first
generation college student, didn’t even know were possible. Their attentiveness and high
educational standards helped me to discover my passion and guided me to become the
health education professional I am today.

– Koreena Villareal, M.Ed., ’14,
Certified Health Education Specialist

The mission of the Department of Health and Human
Performance is to create and disseminate knowledge
promoting evidence-based practice in health promotion,
exercise science and recreation professions. The department
works to directly promote improved human performance
and quality of life through evidence-based educational,
recreational and therapeutic interventions and programs.
The vision is for the department to be a national leader in
promoting human performance and health-related quality
of life for all. The department strives to build on the
long-standing reputation for preparing excellent athletic
trainers, health educators, physical education teachers
and recreation leaders.

The Health Education
MASTER OF EDUCATION
**Why choose Texas State?**
Texas State, an emerging research and Hispanic-Serving Institution, offers a health education program that provides opportunities for:

» personal interactions with faculty
» collaboration with fellow students in small classes
» abundant career options in the fast-growth corridor of Central Texas, situated on the edge of the beautiful Texas Hill Country
» study abroad

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**Course Work**
Students pursuing a master of education in health education may select a thesis or non-thesis option. Non-thesis students will complete either an independent study or internship as a capstone experience.

» Thesis option: requires 36 hours of course work with 21 courses in the major, nine in the minor and six hours of thesis work

» Non-thesis option: requires 36 hours of course work with 21 in the major and 15 in the minor

After completing the program, students are eligible to sit for the nationally accredited Certified Health Education Specialist (CHES) examination. The CHES examination is considered the only national entry-level certification for employment in the field.

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**Faculty**
Members of the health education graduate faculty are national leaders in the fields of public health, community health and school health. They are the authors of numerous peer-reviewed publications, books and grants, serve as officers and board members in state and national professional associations and set high standards for students in the health education program at Texas State. They are also leaders across campus that help make Texas State University “The Rising Star of Texas.”

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**Career Options**
Graduates with a master’s degree in health education are trained to work in academic, clinical, community, corporate, nonprofit and government settings. Graduates perform a variety of leadership roles, including individual and community health education, research, grant writing and program planning, implementation and evaluation. Other graduates enroll in Ph.D. programs following completion of the master’s program.

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**Important Deadlines* **

**Admissions**
Priority Fall: February 1
Fall: June 15
Spring: October 15
Summer: April 15
Summer II: June 1

Applications will continue to be considered on a space-available basis after the deadline.

**Funding: Scholarships, Fellowships and Assistantships**
Applications must be complete by the priority deadline to be considered for certain types of funding.

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**How to Apply**
For information regarding admission requirements and submission instructions, please visit: gradcollege.txstate.edu/apply

*International applicants can view specific deadlines and requirements at: gradcollege.txstate.edu/international

For the most up-to-date information on deadlines, admission requirements and funding, visit: gradcollege.txstate.edu/programs/health-ed

Brochure Information Current as of August 2018