Texas State University offers a post-professional master of science degree in athletic training with an emphasis in therapeutic exercise and rehabilitation. Students accepted into the program have the unique opportunity to work as graduate assistants in one of four settings: high schools and NCAA Division I, II or III Intercollegiate Athletics. The program is designed to emphasize rehabilitation, allowing students to obtain advanced clinical skills. With both didactic and laboratory experiences, students will utilize entry-level skills to build a more expansive and powerful skill set.

The master of science in athletic training is supported by highly accomplished faculty with varied areas of expertise in a department that houses some of the latest research and rehabilitative equipment. The ability to offer advanced education in therapeutic exercise, manual therapy, biomechanics, neuromuscular control and evidence-based practice, coupled with the opportunity and flexibility of self-exploration, make this program unique.

Texas State University’s master of science in athletic training with an emphasis in rehabilitation is the first program of its kind in Texas.
Course Work
Course work is designed to work with a two-year graduate assistantship with cohorts starting every fall semester. Each student must complete a thesis or research project to fulfill the master's degree requirements.

- **Thesis track**: Students who choose the master's thesis option are required to complete 28 hours of required courses and six hours of thesis work for a degree plan that totals 34 credit-hours.
- **Non-thesis track**: Students who do not pursue a thesis are required to complete 31 hours of required course work and six hours of prescribed elective course work for a degree plan that totals 37 credit-hours.

Required Courses (28–31 hours)
- Bioenergetics of Exercise and Rehabilitation
- Therapeutic Exercise and Rehabilitation
- Proprioception and Neuromuscular Control in Rehabilitation
- Biomechanics of Musculoskeletal Injury
- Evidence-Based Practice and Research in Sports Medicine
- Therapeutic Evaluation and Intervention
- Independent Study in Athletic Training (non-thesis students only)
- Research Methods in Health and Human Performance
- Applied Statistics in Health and Human Performance
- Human Structure and Function

Prescribed Electives
- Motor Behavior
- Advanced Tests and Measurements
- Advanced Physiology of Exercise
- Advanced Resistance Training and Conditioning
- Biomechanics for Exercise and Sports Science
- Neuromuscular and Skeletal Muscle Physiology
- Sports Nutrition

Research Experience
The Biomechanics/Sports Medicine Laboratory offers students the opportunity to participate in cutting-edge and ongoing research in therapeutic and rehabilitative exercise using NeuroCom EquiTest Balance System, Biodex Isokinetic Dynamometer, AMTI Force Platform, BioPac EMG and 3-D Motion Capture Systems.

Faculty
Texas State University athletic training graduate faculty are national leaders in the field of athletic training. They are authors of numerous peer-reviewed publications, grants and textbooks; serve as officers and board members in professional associations; and set high standards for students in the program.

Admission Policy
Each applicant must submit the following to the Graduate College:
- the online Graduate College application through ApplyTexas
- application fee
- one official transcript from each senior-level post-secondary institution attended
- proof of BOC certification as an athletic trainer or eligibility to sit for the BOC exam
- at least a 3.0 GPA on the last 60 hours of undergraduate course work leading up to the bachelor's degree

Visit [www.gradcollege.txstate.edu/apply](http://www.gradcollege.txstate.edu/apply) for access to an online application, where to submit application documents and additional details. Applications must be submitted by June 15 for the fall semester.

Career Options
Graduates holding a post-professional master of science in athletic training degrees are prepared for a variety of positions in:
- traditional high school, university and professional settings
- clinical and industrial clinics
- hospital and research facilities

Financial Assistance
A variety of athletic training graduate assistantships are available. The Department of Health and Human Performance annually awards competitive graduate assistantships to highly qualified individuals. Selection is based on graduate students’ academic background and professional experience. For more information, contact the athletic training program directly or visit the athletic training program website at [www.hhp.txstate.edu/Divisions/Athletic-Training.html](http://www.hhp.txstate.edu/Divisions/Athletic-Training.html). Graduate assistant applications must be submitted by January 15 for the fall semester.

For more information about scholarships, financial aid and application deadlines, visit the Graduate College website at [www.gradcollege.txstate.edu](http://www.gradcollege.txstate.edu) and click on Financing Your Graduate Education. Please note that program admission priority deadlines must be met in order to be considered for scholarships, fellowships and assistantships.

Contact
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